

Board of Education Social-Emotional Learning Update

> April 12, 2022 *Tracy Von Eschen* Director of Special Education and Pupil Personnel Services

At our fall District Mental Health Committee meeting, we updated the Character Education and Social-Emotional Learning brochure for the 2021-2022 school year.

Scan this QR code to view the brochure!





Character Education and Social-Emotional Learning:

Activities and Programs for the Whole Child

www.swrschools.org

Wildcats with Character:

- Crafted and introduced a monthly character education program, Wildcats with Character, aligned with the existing Empowering Minds SEL program and district values statements
- District-wide themes celebrating our students!
- Each month has a theme connected to the SEL programming across the district, including Respect, Kindness, Gratitude, Responsibility, Perseverance, Compassion, Integrity, Acceptance, Resilience, and Collaboration.

Empowering Minds:

- Kindergarten-8th grade curriculum
- Lessons follow the Wildcats with Character monthly themes
- This year, our psychologists, classroom teachers, and physical education teachers have all be actively presenting lessons to students.

High School Mentor Program

- Implemented for the 2021-2022 school year, five staff members have been connected with over 20 identified students to serve as mentors
- Mentors have scheduled weekly times to meet with mentee students.
- Students were identified for this program by administration, teachers, and counselors based on several factors including attendance, behavior, and grades (amongst others).

North Shore Youth Council

- We expanded our partnership with NSYC this year.
- Provide counseling in all 4 schools
- Prodell Middle School and SWR High School: after-hours counseling
- Integral part of our High School Mentor program

Additional psychologist to support students
experiencing behavioral difficulties



Our new psychologist has been integral in supporting the behavioral needs of our students.



Crisis Prevention and Intervention (CPI) Training

- Since September, 100 staff members are trained or in the process of being trained.
- CPI provides staff with the skills to recognize and respond to crisis situations.
- Prevention
- Verbal de-escalation
- Risk Assessment framework
- Physical intervention techniques

Go Guardian Beacon

- Monitors browsing activity when a student is logged into a District-issued device
- System detects searches or views of online content related to suicide, self-harm, or violence.
- Provides mental health staff with an alert during the school day.
- We will provide parents with an e-mail notification if an alert is generated 24 hours/day.

SEL Surveys

- Mental health staff follows up with all families upon request based on the survey results
- Sent in August and February
- We plan to continue next year.



May is Mental Health Month!

- HS GSA Positivity Week
- MS Bulletin boards and door decorating contest with a theme of mental health
- ACT Now Suicide Prevention Program
 - for 9th graders
- MA and WR: Lessons about resilience



Next Steps:

- Continue Wildcats with Character and Empowering Minds Programs
- Begin process for an MTSS system for Behavior and SEL
- Create a sub-committee to review and update our Suicide Prevention Plan