



Community Programs

250 B Route 25A
Shoreham, NY 11786-2192
Phone: (631) 821-8116 Fax: (631) 929-3001



KIDS WRESTLING **GRADES K thru 8**

INSTRUCTORS: ROB MATIAS, TJ FABIAN, MATT DETLEFF, CORY DOLSON, PHIL ARCHER & CHRIS BAUMEISTER

DATES: MON & WED – NOV 25, 27, DEC 2, 4, 9, 11, 16, 18, JAN 6, 8, 13, 15, 22, 27, 29, FEB 3, 5, 10, 12, 24, 26, MAR 2, 4 & 9

LOCATION: HIGH SCHOOL AUX GYM

GRADES K thru 2 ~ 6:00-6:45pm

GRADES 3 thru 8 ~ 6:45-8:00pm

SWR RESIDENTS ONLY FEE: \$65.00

DESCRIPTION: Learn fundamentals & techniques in the sport of wrestling. Wrestling Tournament on March 2, 2019.

Practice basic skills and proper techniques unique to the sport of wrestling. Kids will develop physical fitness, have fun and build their self-esteem. No sport builds confidence and develops a positive work ethic like wrestling. Please wear sweat pants/shorts and tee shirt.

***DON'T FORGET ABOUT THE "WRESTLING TOURNAMENT"
SATURDAY, MARCH 7, 2020
(NO FEE FOR ALL SWR STUDENTS)***



REGISTRATION FORM - KID WRESTLING 2019/2020

Complete the form below mail along with your check or money order made payable to:
SWR Community Programs, 250 B Route 25A, Shoreham, NY 11786-2192

Or you can now register on-line swr.revtrak.net

Student Name _____

Home Phone _____ Grade _____

Mailing Address _____ Town/Zip _____

E-MAIL ADDRESS _____

(PLEASE PRINT CLEARLY)

Emergency Contact Person _____ Emergency Phone _____
