

Board of Education Social-Emotional Learning Update

> April 12, 2022 *Tracy Von Eschen* Director of Special Education and Pupil Personnel Services

At our fall District Mental Health Committee meeting, we updated the Character Education and Social-Emotional Learning brochure for the 2021-2022 school year.

Scan this QR code to view the brochure!





# Character Education and Social-Emotional Learning:

Activities and Programs for the Whole Child

www.swrschools.org

# Wildcats with Character:

- Crafted and introduced a monthly character education program, Wildcats with Character, aligned with the existing Empowering Minds SEL program and district values statements
- District-wide themes celebrating our students!
- Each month has a theme connected to the SEL programming across the district, including Respect, Kindness, Gratitude, Responsibility, Perseverance, Compassion, Integrity, Acceptance, Resilience, and Collaboration.

#### **Empowering Minds:**

- Kindergarten-8th grade curriculum
- Lessons follow the Wildcats with Character monthly themes
- This year, our psychologists, classroom teachers, and physical education teachers have all be actively presenting lessons to students.

#### **High School Mentor Program**

- Implemented for the 2021-2022 school year, five staff members have been connected with over 20 identified students to serve as mentors
- Mentors have scheduled weekly times to meet with mentee students.
- Students were identified for this program by administration, teachers, and counselors based on several factors including attendance, behavior, and grades (amongst others).

# North Shore Youth Council

- We expanded our partnership with NSYC this year.
- Provide counseling in all 4 schools
- Prodell Middle School and SWR High School: after-hours counseling
- Integral part of our High School Mentor program

Additional psychologist to support students
experiencing behavioral difficulties



Our new psychologist has been integral in supporting the behavioral needs of our students.



#### Crisis Prevention and Intervention (CPI) Training

- Since September, 100 staff members are trained or in the process of being trained.
- CPI provides staff with the skills to recognize and respond to crisis situations.
- Prevention
- Verbal de-escalation
- Risk Assessment framework
- Physical intervention techniques

## **Go Guardian Beacon**

- Monitors browsing activity when a student is logged into a District-issued device
- System detects searches or views of online content related to suicide, self-harm, or violence.
- Provides mental health staff with an alert during the school day.
- We will provide parents with an e-mail notification if an alert is generated 24 hours/day.

# **SEL Surveys**

- Mental health staff follows up with all families upon request based on the survey results
- Sent in August and February
- We plan to continue next year.



### May is Mental Health Month!

- HS GSA Positivity Week
- MS Bulletin boards and door decorating contest with a theme of mental health
- ACT Now Suicide Prevention Program
  - for 9th graders
- MA and WR: Lessons about resilience



# **Next Steps:**

- Continue Wildcats with Character and Empowering Minds Programs
- Begin process for an MTSS system for Behavior and SEL
- Create a sub-committee to review and update our Suicide Prevention Plan