

SHOREHAM-WADING RIVER CENTRAL SCHOOL DISTRICT

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William J. Bushman, Ph.D.
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Director of Finance and Operations

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Lou Curra
Interim Asst. Supt. for Human Resources

Robert C. Woolsey
Plant Facilities Administrator

December 2010

Dear Parent/Guardian:

As part of a required school health examination, a student is weighed and his/her height is measured. These numbers are used to calculate the student's body mass index or 'BMI'. The BMI helps the doctor or nurse know if the student's weight is in a healthy range or is too low or too high. Recent changes to the New York State Education Law require that BMI and weight status group be included as part of the student's school health examination. A sample of school districts will be selected each year to take part in the survey by the New York State Department of Health.

The Shoreham-Wading River School District has been selected to participate in this survey for the 2010-2011 school year and therefore we will be reporting information about our students' weight status groups. Only summary information is sent to the New York State Department of Health and no names or information is sent about individual students.

The information sent will help health officials develop programs that make it easier for children to be healthier. However, parent/guardians may choose to have their child's information excluded from this survey report. If you do not wish your child's weight status group information included in this survey please print and sign your name below and return this form to your child's school nurse where he/she attends school.

Sincerely,

Kenneth J. Marlborough, Director
Health, Physical Education and Athletics

Please do not include my child's weight status information in the 2010-2011 School Survey.

Print Child's Name

Date

Print Parent/Guardian's Name

Parent/Guardian's Signature

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