28th ANNUAL FOOT RACES

Shoreham-Wading River Community Programs

WEDNESDAY - JULY 4, 2012

Miller Avenue School, Miller Avenue, Shoreham

DIRECTIONS TO MILLER AVE: Long Island Expressway to Exit 68; north on William Floyd Parkway to Route 25A; West on 25A about 1.2 miles to Miller Avenue; right onto Miller Avenue; entrance to school, right side immediately before North Country intersection.

8:00am ONE Mile Run - 12 & under
8:15am ONE Mile Run - 13 & over
8:45am 5K Run - all ages

AWARDS: Each race to top 6 in each age category Male & Female

8 & under	16 - 19	40 - 49
9 - 12	20 - 29	50 – 59
13 - 15	30 - 39	60 - 69
		70 +

PROCEEDS GO TOWARDS COMMUNITY PROGRAMS COMMUNITY PROGRAMS "SCHOLARSHIP FUND"

2011 OVERALL WINNERS	TIMES
1 M Under 12 Male: Jacob Sciarrino, Coram	6:43
1 M Under 12 Female: Alexandra Hays, Wading River	6:48
1 M 13 & Over Male: John Lee, Wading River	5:24
1 M 13 & Over Female: Ann Herr, Wading River	6:12
5 K Male: Matthew Knott, Smithtown	17:07
5 K Female: Alyssa Knott, Smithtown	20:11

SHOREHAM-WADING RIVER JULY 4th FOOT RACES - 2012

REGISTRATION: (631) 821-8116 Information about course & race: Paul Koretzki (631) 553-2853 or e-mail pkoretzki@aol.com ***DON'T FORGET OUR THANKSGIVING DAY RACES NOVEMBER 22, 2012 RACES***

PLEASE USE A SEPARATE ENTRY FORM FOR EACH RUNNER

NAME _____ MALE ( ) FEMALE ( ) AGE _____

RACE DAY/ ---ENTRY FEE---

Mailing ADDRESS _____

CHECK ONE		PRE	DAY OF RACE
1 Mile	( )	$15	$20
5K	( )	$15	$20

CITY & ZIP _____

EMAIL _____

T-SHIRT SIZE *(circle)* **YLG AS AM AL AXL AXXL**

T-SHIRTS GUARANTEED TO ALL PRE-REGISTRANTS ONLY

DAY OF RACE: Registration 7:00am to Race time.

DOUBLE ENTRIES mean SAME PERSON in different race: add $3.00 to above fees and one (1) shirt only.

MAKE CHECKS PAYABLE & MAIL TO: SWR COMMUNITY PROGRAMS
250B Rte 25A, Shoreham, NY 11786-2192

PRE-REGISTRATION DEADLINE - POSTMARK BY JUNE 24th

I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administrators, hereby waive, release and hold harmless SWR Central School District, SWR Community Programs, Shoreham Village, the Town of Brookhaven and the Suffolk County Police and their agents, employees, representatives and successors and assigns, from any and all liabilities, claims, demands and causes of action whatsoever arising directly or indirectly from my participation in this event, even if any such liabilities, claims, demands and causes of action arise in whole or in part out of the negligence of any of the above-mentioned organizations or individuals. (If signed by a parent, the parent agrees to waive, release and hold harmless the above-mentioned organizations and individuals from any and all said liabilities, claims and causes of action which may be asserted on behalf of the entrant.)
I attest and verify that I am physically fit and have sufficiently trained for the completion of this event and that my physical condition has been verified by a licensed medical doctor. Further, I hereby grant permission to any and all of the above mentioned organizations and individuals to use any photographs, videotapes, motion pictures, recording or any other record of this event and my participation in this event for any race related advertisement or news releases.

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Runners Signature (if under 18) signature of parent or legal guardian